

6.2 Child /Youth Respite Services

Child/Youth Respite Services

Deliverables

1. Type of Service

The Burnaby Association provides a range of respite options to families and children. The goal of respite is to enable primary caregivers to obtain several days of rest and renewal (a weekend or holiday) while the Burnaby Association provides a safe, enjoyable, and meaningful experience for the child/youth. Respite can be provided in the child's home, in a Life Sharing Home contracted by the Burnaby Association, or in the community if requested by the family. Referral to the service comes through Community Living British Columbia. The waitlist for service is co-managed between Community Living British Columbia and the Burnaby Association.

2. Services Provided

- Service is defined through the identification of goals.
- Service hours and duration is typically determined based on need and availability.
- Typically the service does not exceed 40 days per year and is based on the funding model of approximately \$108.00 per day including administration fees of 8%.
- The service agreement for each child is renewed yearly.
- The service recommendations for the following year will be identified through the yearly planning meeting.
- Community Living British Columbia must approve the service recommendations for the following year.
- The Burnaby Association will serve up to 20 children and families per year.
- The Burnaby Association will provide respite services to families with children up to 19 years of age who are eligible for service as determined by Community Living British Columbia.
- The Burnaby Association will provide two alternative levels of service, depending upon assessments by the referring worker from Community living British Columbia.
- Respite Care will be provided by approved caregivers from the Burnaby Association.
- Part-time care shorter blocks of time with a minimum of 4 hours blocks will be provided as needed.

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- The Burnaby Association will develop an individual respite service plan for each child including information about health, socio-emotional, personal and recreational needs of the child.
- The Burnaby Association will recruit and conduct home studies for qualified, safe and nurturing respite caregivers acceptable to the child's family.
- Suitable orientation and training is given to each approved caregiver in accordance with the individual respite service plan.
- Coordinate the provision of respite in accordance with the number of days approved.
- Regularly monitor the respite service provided.
- When respite is longer than seven days, the Burnaby Association will contact Community Living British Columbia to inform them of the situation.
- The Burnaby Association will keep in regular contact with approved caregivers and update home services as required when they are significant changes in living circumstances the Burnaby Association will inform Community Living British Columbia.
- Provide a regularly updated caregiver manual to each approved caregiver.
- Inform Community Living British Columbia Analyst of any changes which may impact services, including change of address.
- The Burnaby Association will complete semi-annual report for each child and submit the report to Community Living British Columbia.

Outcomes

Child/Youth Respite Services focus on achieving the following Person Referenced Outcomes:

Increase integration between the children and their families by keeping children with complex needs out of care.

Maintain and increase relationships – expand each child's social circle.

Maintain and increase options for family and children – strengthen each child's family resources by giving the parents respite.

Maintain and increase good family health

Maintain and increase community participation

Increased acceptance and understanding of various communication styles

Maintain and increase personal health and safety

Identify and pursue opportunities for personal growth and development – increase each child's ability to adapt to new experience.

Participate in person centred planning and service delivery

Seek input regularly around satisfaction with service provided.